

## Yin and Yang

## Yin =

- Feminine
- Night
- Moon
- Image: Old woman in the swamp at twilight

## Yang =

- Male
- Day
- Sun
- Image: Young man with raised spear riding on a horse in the sunshine



## The 5 conversion phases = 5 elements

To achieve the balance between the 5 conversion phases, the five elements, this is the challenge for every Feng Shui practitioner.

The elements exist in a specific relationship to each other, they advance themselves, they control themselves, they weaken themselves from their disposition. Whichever element exists in what measure, there are two levels of the element that have to be observed.

The colours of the elements are introduced in the home as support. One must only be aware that they constitute a maximum of 5 – 10% of the complete Feng Shui Analysis.

